

# INSPIRE

St John's Church Ranmoor, Sheffield

June 2023

£1.00







Photographs of the All-Age Communion Service to celebrate the Coronation of King Charles III, the Street Party Bring and Share Lunch and Volunteer Day in the Parish Centre Garden (see also back inner cover page)





#### St John's Church

#### Ranmoor, Sheffield

Parish Office, Ranmoor Parish Centre, 5 Ranmoor Park Road, Sheffield, S10 3GX Tel: 0114 230 1199

Website: www.stiohnsranmoor.org.uk

St lohn's Church is a community whose vocation is to extend to all people the same welcome that we ourselves have received from God in Christ. Our worship, enriched by our strong musical and choral traditions, is at the heart of our community's shared life. The gospel calls us to lives of discipleship, informed by reflection and marked by care for one another, by a passion for justice, and by a commitment to the service of our local and wider community.

#### Contents

- Foreword 4
- From the Editor's Chair 6
- Eco Church 8
- An Inspector Calls 11
- Rambling On 13
- Sweet Cicely 16
- Church Calendar 18
- Parish Registers 19
- Young People's Pages 20
- Restaurant Review: Papa Ciccio's 22
- The Tapestry Poem 26
- Volunteering at St. John's 28
- **Ouiz 30**
- Contacts 31
- Groups and Activities 32
- Contributing to Inspire 34

Cover photograph by Philip Walshaw: Flamborough Head

#### Large print versions of Inspire are available

#### **Foreword**



One of the things that I love about this time of year is seeing nature come alive in all its wonder and diversity. After the long grey months of winter, it is wonderful to see so much colour. I am always surprised at the amazing diversity of plants that grow and bloom

Biodiversity has become an important issue recently. The United Kingdom's biodiversity has been greatly depleted and we all need to do what we can to

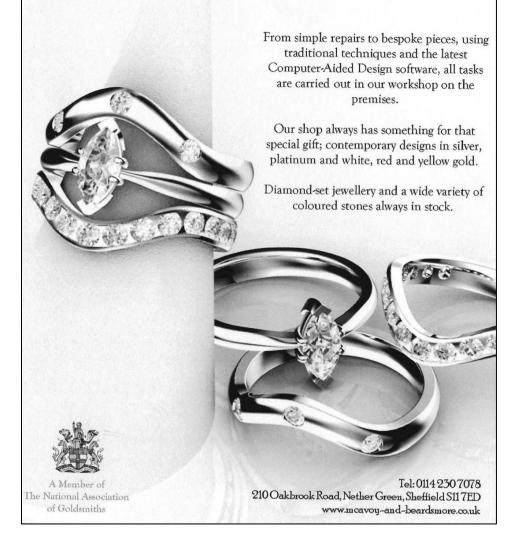
protect it. But diversity also seems to be part of God's plan. Genesis records the wide variety of plants and creatures that God created. The Bible is packed full of all sorts of different people and situations through which God works. Jesus chose a varied group of people to be his disciples and at Pentecost, the Holy Spirit spoke to people of many nations and languages.

On 4th June we celebrate the Feast of the Holy Trinity. Though Christianity places a lot of emphasis on the oneness of God, it has also experienced God as three persons: Father, Son and Holy Spirit. All three have their own particular characteristics and purpose: the Father creator, the Son the redeemer and the Holy Spirit the life-giver. Diversity is at the very heart of God who lives in a perfect community of love. We are called to share in that love and to invite others to do so too.

As well as being thankful for the diversity of creation, I am also thankful for the growing diversity of St John's. For the wonderful variety of people who play a part in our community, each bringing their own gifts and insights. I hope that we can grow in our diversity and that within it, we can find more of that unity which is at the heart of God.

Matthew





#### From the Editor's Chair



I hope you all enjoyed the Coronation weekend, whatever it was you did. You can see from the photographs on the inner covers of this magazine how some of us celebrated the occasion. As for the Coronation ceremony and procession, whether an ardent royalist, staunch republican or somewhere in between, one cannot deny that it was an unforgettable spectacle of pomp and pageantry that will have been enjoyed worldwide.

As well as the pageantry, we had the symbolism as we were reminded that the sword is an instrument of peace and judgement, the worldly orb is a sign of the Kingdom of God and a glove is a reminder of the restraint upon authority. And, of course, the blend of ancient and modern music, with a stunning array of performers, was brilliant.

Whilst singing along at home with "God Save the King", I was reminded of a definition I once heard of an intellectual: a person who can recite the second verse of the National Anthem. But how many clever clogs know that the Anthem actually has five verses? Well, it's all well and good trying to be a know it all, but as Albert Einstein once said, "The true sign of intelligence is not knowledge but imagination."

Imagination is crucial if we are to properly address the issues that climate change presents us. We can all do our bit and I commend to you the Eco Church article on page 8 written by Cathy Rhodes and John Green describing what has been achieved over the last year at St John's. The work continues, and we all need to use our imagination to play our part.

Philip Walshaw

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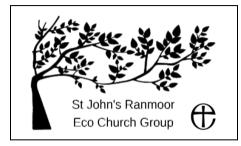
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# Eco Church over the last year at St John's

## by Cathy Rhodes and John Green

As Christians we believe 'The Earth is the Lord's, and everything in it' (Psalm 24). The fifth Anglican Mark of Mission is 'to strive to safeguard the integrity of creation, and sustain and renew the life of the earth.' As part of this mission, we have a Silver Eco Church award in the A Rocha Eco Church survey in the following five areas, as reported at the Annual Parochial Church Meeting in May.

#### **Building**

Our church 2021 estimated carbon footprint of 48 tonnes netCo2 is the third biggest in the Diocese. Gas heating is our source of carbon emissions; to meet the CofE 'Net Zero by 2030' target we need to rise to this challenge! Our green electricity tariff helps. The vicarage solar panels/EV charger are part of Eco Church too. Pauline Heath as Churchwarden and Peter Lowe as Building Committee chair were at the February Diocesan Net Zero meeting. See Peter's article in April Inspire to learn more!

#### Worship and Teaching

Readers of Inspire will have seen our series of eco-articles, many by John Green. These include articles on social change and the CofE, activism and Christian faith, and renewable and community energy. Book reviews and a series on bees by Julian Sullivan and sermons in services continue our teaching and learning. Intercessors pray regularly for God's Creation and Climate Justice, including at the Eco Church all age service on 5<sup>th</sup> March and at Harvest, and we sing songs and hear music about creation from our wonderful choir.



Beautiful flowers arranged by the fabulous volunteer team are a vital part of our worship. The Eco Church group has welcomed initial discussion on floral foam. This plastic by-product of the oil industry takes up to 500 years to degrade, and microplastics end up in the sea. The team are also looking at the carbon footprint of our flowers. These are big challenges while maintaining our high standards and controlling costs. Having planters with living flowers in the church porch has been a lovely reminder of increasing sustainability. At Easter many of the

beautiful arrangements were plastic-free using techniques like chicken wire and individual glass bottles. The Messy Church Easter Garden in recycled pallet containers with peat free compost was a triumph and we are still enjoying those flowers weeks later as the photos show!

#### Land

The vicarage garden is designed for nature including organic gardening, bee and butterfly friendly plants, a small pond, composting, water butts, bug and bird houses and a swift box. The Parish Centre Garden is also great for wildlife, with flowers for pollinators, log piles, and a hedgehog and a swift box. We hope to put in a small pond and a water butt, and tree surgeons are advising on keeping the trees healthy and safe. The Parish Centre Garden working party on 8th May was part of the Coronation's Big Help Out. We'll take part in 'No Mow May' again in front of church as in the Land Management Plan and will see at June's *Churches Count on Nature (CCoN)* how many species we can find.

We have done surveys of the wildflower population in our church grassland over the last 2 years and found 25 different species of flowers and grasses. They include typical hedgerow flowers such as Bugle, Clover and Hawksbill but also, to our great delight - Bee Orchids. Speedwell

and Dandelion are almost over, as I write but there's more to come, so we'll feature a Flower of the Week in church, as the season progresses. This year's flower survey will be on Sunday 4th June at the start of the CCoN national survey week.

#### Community and Global engagement

We support environment charities, including A Rocha, Christian Aid and at the 'Eco-themed' Bishop's Garden Party. St John's played a key part of this. Alongside the amazing refreshments, Jan Noble led children's activities and Philip Walshaw was there with his pallet planters! In September a film featuring St John's and other Eco Churches was part



of Great Big Green Week with Nature Recovery Sheffield and Wildlife Trust the search YouTube for 'Sheffield Nature Heroes,' And all our toilets are twinned for Eco Church! Lobbying for change is part of Eco Church, and Cathy and Matthew were at a service in London and marching as part of 'The Big One' climate protest in April.

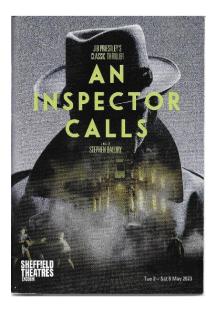
#### Lifestyle

The Good Taste Fairtrade shop was at the Garden Party and it is good to have a regular stall at church too, as part of Eco Church alongside Fairtrade beverages! We've encouraged people to do environmental footprints via Inspire, and we are now working with St Mark's exploring running a joint accredited Carbon Literacy Course.

There is so much happening and we could do even more if you would like to join us. Do chat to John Green or Cathy Rhodes if you would like to help in any way.

#### **An Inspector Calls:**

#### A performance by Lenny Bailey



I've spent the last week (back in May) performing at the Lyceum theatre in the play An Inspector Calls. I played the part of Younger Boy and I started the whole show by running down the auditorium with a torch. It was fun to be in a proper professional theatre production and see all of the back stage bits and bobs, like smoke machines, props, lighting and specials effects. The set was amazing - an Edwardian house on stilts that opens up to reveal the inside.

I had a lot to remember! I was onstage for most of the performance and had to follow what was going on carefully so that I remembered when to interact with the other cast members. On the first night one of the actors tripped over on the steps and landed on someone else. They had to stop the show for a few minutes, but thankfully everyone was ok and the show went on!







# David Booker

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#### Rambling On

#### with Philip Walshaw



One of my favourite places for walking in the Peak District is Longstone Edge. At its highest point 1350 feet above sea level, there are wonderful panoramic views northwards to Mam Tor and Kinder Scout and southwards to Chatsworth, Bakewell and beyond. Rich in mineral deposits, Longstone Moor is criss-crossed by old pack-horse trade routes and largely responsible for the growth and development of settlements in the White Peak over the past thousand years. The last local lead-mine may have closed a century ago, but outcropping still continues for barytes and fluorspar up on the moor beyond Longstone Edge where the names Deep Rake, High Rake and White Rake bear testimony to the area's mining heritage and are firmly etched into a bygone and slowly healing industrial landscape.

Nestling below the Edge are the two distinctively different villages of Great and Little Longstone which owe much of their relative prosperity to the lead-mining industry which flourished here in the eighteenth and nineteenth centuries. The Longstone settlements were originally singlestreet villages, with a mixture of limestone cottages and farm buildings straggling along either side of the same main road which runs through the centre of both.

Little Longstone is the smaller of the two with a population of around one hundred inhabitants, some of whom live within a stone's throw of one of Derbyshire's most spectacular and panoramic views at Monsal Head. Just down the road from there is the small 19th century Congregational Chapel which is well worth a visit. Further down is the ancient Packhorse Inn. Built originally in the late sixteenth century as lead miners' cottages, the Packhorse was converted into a country inn in 1787 and unlike others of its



kind has retained its original name for over 200 years. Down in the hollow and around the corner from the Packhorse stands the large farm complex and twin-gabled Elizabethan gem of Little Longstone Manor, the home for over 800 years of the Longsdon family.

This month's walk starts from Little Longstone where you should be able to find somewhere to park on the road that goes through the village. Follow the public footpath sign at the top side of the Packhorse Inn, which takes you through a farmyard to a gate. Do have a peep at the "beer garden" which resembles an old fashioned tap room. Cross two



fields (where horses graze and are usually fenced in) to reach a gate that opens out into the countryside. Follow the path that goes uphill over a few stiles until it almost flattens out.

Don't follow the path that goes straight up over the last field (which joins the top of a track known as Cherpit Lane) but turn right through another field and aim for a gate that leads you into a small wood that



was planted by Tom in 1986 (look out for the plague). Once out of hoow follow the the diagonally across five fields taking in the fine view over to Bakewell. Chatsworth and beyond. The path dips down on the last field and ioins Cherpit Lane. (As alternative you can avoid the fields and walk down to this point from top of Cherpit Continue right, down the Lane to the farm where you can walk back to Little Longstone following the sign to the right of the bend. This

leads you through a couple of fields back to the road and turn right back to you started. Look out for the stocks on your right of the road.

If you want a longer walk into Great Longstone, walk past Dale Farm (it has a farm shop and cafe) and caravan/campsite and turn right onto the road that leads into Great Longstone, which outnumbers its little neighbour with around 800 inhabitants. The village has a fine collection of 18th and 19th Century cottages, a school and a two pubs. The village cross on the green dates back to the period when Flemish weavers settled in this area of Derbyshire, establishing a stocking industry. This led to trade in shoes and the shoe industry is commemorated in the name of the adjacent Inn – Crispin is the patron saint of cobblers. The White Lion is the other pub further down the road where the Parish Church of St. Giles leads off to the left.

Our walk continues along the road immediately right after the Crispin Inn. Look out for a footpath sign on the right, after about 300 yards, and follow the path across three fields, dropping down the last field, keeping to the right, back to Little Longstone.

#### **Sweet Cicely**

#### by Jane Dalrymple

During the Summer, you may notice the abundance of Sweet Cicely. With its pungent aroma and distinctive flowers and seed heads, it is very



much part of the local scenery hereabouts. It often grows alongside Cow Parsley, which is very similar in appearance; the flowers of Sweet Cicely are smaller and more compact, and it also has the aniseed flavoured seeds, very pleasant to nibble when still green.

You do, however, need to be careful that you don't confuse it with the poisonous Hogweed, which is larger. It is worth remembering that Sweet Cicely leaves have a white splash on them, just to be on the safe side! Interestingly, Sweet Cicely is rarely found south of Birmingham. In the past it was used to sweeten food and drinks, before the arrival of sugar to the British Isles.



Traditionally Sweet Cicely is cooked with rhubarb. Choose the juiciest young stems, before the fibres have formed, and just chip both stem and leaf up and mix them with your chopped rhubarb. There's no rule but a ratio of 50/50 is recommended. The aniseed flavour is very mild as it doesn't survive the heat well but you won't need to use any added sugar. This is because anethole, a natural compound found in sweet cicely, is actually sweeter than sucrose.



You can also mix crushed Sweet Cicely stems with Apple juice. You can also make green custard for children by crushing the stems; you infuse the milk with the Sweet Cicely and press through a sieve. You can make an after-dinner infusion of the plant as it is renowned for aiding indigestion (and reducing wind!), and if you boil it with cabbage or sprouts it will help reduce the gassy effects of the vegetables.

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#### ST JOHN'S CHURCH, RANMOOR CALENDAR – JUNE 2023

Thursday I<sup>st</sup> June 8pm Organ Recital Darius Battiwala

#### Sunday 4th June - Trinity Sunday

10.30am All Age Communion 12.30pm Baptism 6.30pm Choral Evensong

Wednesday 14<sup>th</sup> June – 10-12.30pm Foodbank Collection from the Church Drive

#### Sunday I Ith June - Corpus Christi

10.30am Parish Communion6.30pm Choral Evensong

#### Sunday 18th June - Trinity 2

10.30am Parish Communion with prayer for dementia6.30pm Choral Evensong

#### Monday 19th June

7.30pm PCC meeting in the annexe

#### Wednesday 21st June - 10-12.30pm

Foodbank Collection from the Church Drive

Saturday 24th June 10-5pm

Carbon Literacy Course

#### Sunday 25th June - Trinity 3

10.30am Parish Communion6.30pm Choral Evensong

Wednesday 28th June - 10-12.30pm

Foodbank Collection from the Church Drive

Saturday 20th June - Ipm

Marriage of Sean Andrew Scott and Beverley Anne Johnson

#### Other services during the week:

Holy Communion: Every Wednesday at 11.30am in the Parish Centre

Choral Evensong: Wednesdays at 5.30pm

**Morning Prayer:** Monday to Saturday 9am in Church and on ZOOM **Footsteps**: A Sunday school children's group that meets during the Sunday morning service.

Children are welcome at all of our services.

**Lunch Club:** meets every Wednesday in the Parish Centre. All Welcome

Our Sunday Services are always in Church and on YouTube www.stjohnsranmoor.org.uk 0114 230 1199 administrator@stjohnsranmoor.org.uk

The Parish Office is open Mondays, Tuesdays, and Wednesdays 9.30am-2.30pm

#### **Parish Registers**

#### Please remember those who have died:

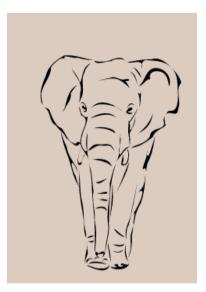
David Kirkwood

Blessed are those who mourn, for those will be comforted.

Our thoughts and prayers are with all David's family and friends.

#### Young People's Pages

### Episode 38 of the Adventures of the Elephant and the Mouse:



The elephant and the mouse went for an adventure together. They climbed up hills, jumped over rivers, and crawled through caves. Eventually, they came to a stop. The mouse looked around in surprise. "But this is exactly where we started!", it exclaimed. "We've just walked in a circle." "We have," the elephant agreed.

"What a waste of time." And the mouse sat down in a huff. After much discussion, the mouse was finally convinced that an adventure that gets you home in time for tea and biscuits is quite possibly the best sort of adventure because you get to explore the world but, at the end of the day, you still know where to find your biscuit tin.



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#### WORDSEARCH

#### Almost Summer

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shorts playing water grass flowers icecream bathing suit swimming sunglasses family Middle School summer hot baseball beach friends pool flipflops sprinkler fun sunscreen sun

# Restaurant Review: Papa Ciccio's, Sandygate Road, Sheffield 10



It has been a long time since I last dined at Papa Ciccio's. I guess the stark reality behind this is that the last meal consumed there was, to say the least, somewhat indifferent. So why return to an establishment that promised, but sadly failed to deliver? Well, I guess it's been there a long time, Papa Ciccio's that is, so there must be some merit - plus an invitation to join a couple of friends for a night out at one of their "favourite" restaurants – so what is there to lose? Read on!

#### The Meal (part one)

Same house rules in place as remembered from the last visit, namely cash only when paying for the meal, and Bring Your Own wine with a pleasing, although most unusual - no corkage charge! Apparently a modest "in house" wine list is available if desired, but after some consultation with accompanying chums the BYO wine option was felt to be the safest. Anyway, continuing this "same" theme the interior presents the same claustrophobic décor which, in all its hanging glory,

almost envelopes the exuberant welcome exhibited by possibly the same Italian gentleman who actually performed this rather disturbing activity on my last visit. All very cheerful and hospitable - although rather too much of an "in your face" exuberance which is somewhat disconcerting. Sounds very "British" that last bit don't you think? A "Can't do with all this continental stuff" type of remark - very non woke!

Menu is of the "standard Italian menu" format with all the usual Carne, Pollo, Pizza etc. headings heralding an eclectic array of potential Italian delights. After some deliberation, which included the apparent non-availability of a spaghetti accompaniment with one of the veal dishes (no spaghetti in an Italian restaurant – this has to be some sort of joke!) which also provided an interesting discussion with a polite but intransigent member of the service personnel - I decided to start with Grilled Sardines – Cajun style with garlic, and accompanied with a small salad. I'm not sure how the Cajun people manage to cope with the sort of offering presented but It's unlikely that the sad, flat, dry, tasteless objects cowering on a plate would be recognised as belonging to any particular society, Cajun or otherwise.

Opting for a pizza seems a rather whimp-like choice for a "Main" course but, you can't fail with a pizza can you? Well, you can actually. The chosen delicacy - Pizza Ghiottone - described as with Bolognese sauce, ham, salami, and onion (lots and lots of onion as it turned out!) proved to be somewhat of a damp squib. Damp being the operative word as the pizza was stodgy in extremist. Taste was reasonable, and as I was still peckish after struggling with the mummified sardine starter, it was consumed with minimal relish but surprisingly no revulsion. Sounds a bit harsh, but it was pretty poor! G went for the afore-mentioned veal dish (without spaghetti!) which she described as cardboard-like in both taste and consistency. Strange - didn't realise G had a history of eating cardboard!

As some form of hospitable gesture, I ordered an ice-cream something which was fine. Apparently this sweet was the only "made in house" concoction as all other sweets apparently had been "bought in". This fact had been established by asking the question: "Are any of the

puddings on the menu not bought in?" – a simple question which elicited the answer "No" - which rather summed up the culinary expertise of this sorry establishment. The financial expenditure for the evening's entertainment came to £30 per person. Probably a reasonable price if the meal had been any way near acceptable.

#### Verdict

Well, a very cheerful table of various age groups nearby certainly enjoyed their evening. Apparently, they were celebrating Grandma's 90<sup>th</sup> birthday! Perhaps if it had been my 90<sup>th</sup> birthday the whole scene might have been completely different!

**Roy Stanley** 



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# The Tapestry Poem: He sees the upper and we the other



My life is but a weaving
Between my God and me.
I cannot choose the colours
He weaveth steadily.

Oft times He weaveth sorrow;
And I in foolish pride
Forget He sees the upper
And I the underside.

Not 'til the loom is silent
And the shuttles cease to fly
Will God unroll the canvas
And reveal the reason why.

The dark threads are as needful In the weaver's skilful hand As the threads of gold and silver In the pattern He has planned.

Written in the 1800s, these words attributed to Grant Tullar paint the picture of richly woven fabric: intricate, elaborate, complicated; pleasing and beautiful on the top, but knotty and confusing underneath.

Our lives, when viewed from our earthly perspective, are often puzzling and messy, like the underneath. But not so when viewed from above. From above, on that day when all will be made right, we'll see completely and clearly. We'll understand that our life's pattern of gold and silver would have been dreadfully lacking were it not for its interwoven threads of sorrow. When we finally see with perfect clarity, we'll thank our Father for the needed threads of trouble, testing, and temptation.

As we read in I Corinthians 13:12 - "now we see things imperfectly, like puzzling reflections in a mirror, but then we will see everything with perfect clarity. All that I know now is partial and incomplete, but then I will know everything completely, just as God now knows me completely".

#### Volunteering at St. John's

People across Britain are being urged to volunteer in a nationwide initiative in honour of the King's decades of public service. As luck would have it there are many opportunities, here, at St John's, to help others and have fun doing it.

Can you cook? There is a Wednesday Lunch Club each week and the numbers are growing. There is a well-established team of cooks and helpers, but this friendly group would love to welcome new cooks, washer uppers (there is a dishwasher, but it needs to be loaded and emptied), and servers.

Can you drive? There is a small nucleus of drivers at the moment who happily ferry a few, to and from church each Sunday, come and join us, we would love to welcome you.

Have you spare time on Sundays? Once a month we meet for a casual lunch and social, after church. It is a great way to spend a Sunday afternoon, helping with the lunch or organizing board games; you might even discover a hidden talent for jig-saw puzzles.

Do you enjoy chatting with lovely people? Perhaps serving coffee occasionally, after morning service, or joining the welcome group is something you would enjoy.

Whatever your talents (and we all have them) there is something for you at St John's. What a wonderful way to start our new Monarch's reign. If he knew about it, I feel sure he would say "Thank you!"

Gillian Stanley





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#### ST JOHN'S CHURCH, RANMOOR

# FOODBANK COLLECTION

Please bring your foodbank items to **the Church drive** on the following Wednesdays between **10am and 12.30pm**:

14<sup>th</sup> & 28<sup>th</sup> June, 12<sup>th</sup> & 26<sup>th</sup> July

#### **Everyday Items**

tinned fish and meat, UHT milk, long life fruit juice, tinned fruit/veg, shampoo, single toothbrushes, Cereal, Soup,
Pasta, Rice, Tinned tomatoes, pasta sauce, Tea/coffee, Tinned fruit, Biscuits



In 2022 St John's Ranmoor donated over 3385 kg, which was 13% of the total donations to the Burngreave Foodbank!!!

www.stjohnsranmoor.org.uk 0114 230 1199

#### **Ouiz: More Authors**

#### compiled by Philip Walshaw



Here's another quiz on male and female authors. The answers to the clues below are different to the previous quiz on the same subject. A prize awaits the person who submits the most correct answers. A bonus point will be awarded for identifying the featured author. In the event of a tie, a winner will be chosen by a lucky draw. Send your entry by email to <a href="mailto:ipwalshaw@gmail.com">ipwalshaw@gmail.com</a> or by post to 19 Cairns Road, \$10 5NA to reach me by Monday. 19th lune, 2023.

- 1. Raged about Gromit's friend (5,7)
- 2. Had dollar changed (5,4)
- 3. He wrote about toilets (1,1,5)
- 4. Repaired his cracked lens (7,7)
- 5. Hymnal I later revised (6,6)
- 6. She really changed around my surrounding (4,7)
- 7. Bemused Roger Lowe has an extra leg (6,6)
- 8. Yes, story Harold changed (7,1,6)
- 9. Hen crawled around this writer (1,1,8)
- 10. King mason reformed (7,5)
- 11. Accident and Emergency junior doctor, sounds like (1,1,7)
- 12. Two disciples (5,5)
- 13. Extra bite mixed with port (7,6)
- 14. Strangely it includes recycled ember (5,6)
- 15. West county Master of Arts got strange hug before morning (1,8,7)

Answers to May Quiz: 1. Worth 2. Severn 3. Manifold 4. Hope 5. Mayfield 6. Rhondda 7. Longdendale 8. Cheddar Gorge (featured) 9. Vale of Evesham 10. Colne 11. Duddon 12. Upper Derwent 13. Cherwell 14. Lune 15. Ouseburn.

Entries were received from: Janet and Malcolm Anker, Pam and Ian Dall, Michael and Rosemary Hannon, Barbara and Peter Wozencroft.

The winners were Janet and Malcolm Anker, who receive a box of chocolates.

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or

music@stjohnsranmoor.org.uk

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contact Claire Webber - Parish

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#### **Uniformed organisations**

Wednesday Lunch Club

Beavers: Glenda Glenbrouwer - 0114 230 8691
Cub Scouts: Jane and Steven Hides - 0114 230 3635

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#### Contributing to Inspire:

As always you should feel free to contribute to the magazine: articles, news, photographs, and anything else that you feel might be suitable. Any contributions received after the date shown below will be considered for publication in the following issue. We cannot guarantee that everything we receive will be published.

The deadline for contributions to the June edition is Monday, 19th June, 2023.

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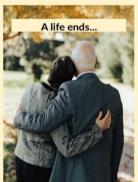




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