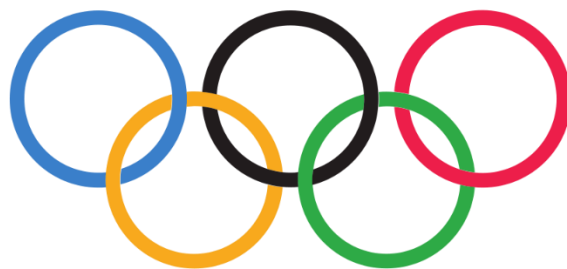


ST JOHN'S RANMOOR



TOKYO 2020



ALL AGE COMMUNION SERVICE

THE OLYMPICS

HYMN 87 Colours of day

Colours Of Day Dawn Into The Mind,
The Sun Has Come Up, The Night Is Behind.
Go Down In The City, Into The Street,
And Let's Give The Message To The People We Meet.

*So Light Up The Fire And Let The Flame Burn,
Open The Door, Let Jesus Return.
Take Seeds Of His Spirit, Let The Fruit Grow,
Tell The People Of Jesus, Let His Love Show.*

Go Through The Park, On Into The Town;
The Sun Still Shines On, It Never Goes Down.
The Light Of The World Is Risen Again;
The People Of Darkness Are Needing A Friend.

So Light Up The Fire And Let The Flame Burn,
Open The Door, Let Jesus Return.
Take Seeds Of His Spirit, Let The Fruit Grow,
Tell The People Of Jesus, Let His Love Show.

Open Your Eyes, Look Into The Sky,
The Darkness Has Come, The Son Came To Die.
The Evening Draws On, The Sun Disappears,
But Jesus Is Living, His Spirit Is Near.

So Light Up The Fire And Let The Flame Burn,
Open The Door, Let Jesus Return.
Take Seeds Of His Spirit, Let The Fruit Grow,
Tell The People Of Jesus, Let His Love Show.

The Lord be with you
and also with you.

This is the day that the Lord has made
Let us rejoice and be glad in it

CONFESSION – WE SAY SORRY TO GOD

Lord, have mercy.
Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

ABSOLUTION – GOD FORGIVES US

GLORIA

Glory to God, glory to God, glory to the Father!

Glory to God, glory to God, glory to the Father!

To God be glory for ever!

To God be glory for ever!

Alleluia, amen,

Alleluia, amen.

Alleluia, amen,

Alleluia, amen.

Alleluia, amen.

Glory to God, glory to God, glory to the Son...

Glory to God, glory to God, glory to the Spirit...

COLLECT – PRAYER

READING 1 Corinthians 9.24-26

HYMN 128 Fight the good fight

Fight the good fight with all thy might!

Christ is thy strength, and Christ thy right;

Lay hold on life, and it shall be

Thy joy and crown eternally.

Cast care aside, lean on thy Guide;

His boundless mercy will provide;

Trust, and thy trusting soul shall prove

Christ is its life, and Christ its love.

Run the straight race through God's good
grace,

Lift up thine eyes, and seek His face;

Life with its way before us lies,

Christ is the path, and Christ the prize.

Faint not nor fear, His arms are near,

He changeth not, and thou art dear;

Only believe, and thou shalt see

That Christ is all in all to thee.

GOSPEL Matthew 11.28-end

Hear the Gospel of our Lord Jesus Christ according to Matthew
Glory to you, O Lord.

At the end:

This is the Gospel of the Lord.
Praise to you, O Christ.

TALK

AFFIRMATION OF FAITH – WHAT WE BELIEVE

Let us declare our faith in God:

**We believe in God the Father,
from whom every family
in heaven and on earth is named.**

**We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.**

**We believe in God the Holy Spirit,
who strengthens us
with power from on high.**

**We believe in one God;
Father, Son and Holy Spirit. Amen.
Father, Son and Holy Spirit. Amen.**

PRAYERS

PEACE

The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.

HYMN 31 Jerusalem

And did those feet in ancient time
Walk upon England's mountains green?
And was the holy Lamb of God
On England's pleasant pastures seen?
And did the Countenance Divine
Shine forth upon our clouded hills?
And was Jerusalem builded here
Among these dark Satanic mills?

Bring me my bow of burning gold:
Bring me my arrows of desire:
Bring me my spear: O clouds unfold!
Bring me my chariot of fire.
I will not cease from mental fight,
Nor shall my sword sleep in my hand
Till we have built Jerusalem
In England's green and pleasant land.

THE EUCHARIST

The Lord is here
His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

Almighty God, good Father to us all,
your face is turned towards your world.
In love you gave us Jesus your Son
to rescue us from sin and death.
Your Word goes out to call us home
to the city where angels sing your praise.
We join with them in heaven's song:
Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.

Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Father of all, we give you thanks
for every gift that comes from heaven.

To the darkness Jesus came as your light.
With signs of faith and words of hope
he touched untouchables with love and washed the guilty clean.

This is his story.

This is our song:

Hosanna in the highest.

The crowds came out to see your Son,
yet at the end they turned on him.
On the night he was betrayed
he came to table with his friends
to celebrate the freedom of your people.

This is his story.

This is our song:

Hosanna in the highest.

Jesus blessed you, Father, for the food;
he took bread, gave thanks, broke it and said:
This is my body, given for you all.
Jesus then gave thanks for the wine;
he took the cup, gave it and said:
This is my blood, shed for you all
for the forgiveness of sins.
Do this in remembrance of me.

This is our story.

This is our song:

Hosanna in the highest.

Therefore, Father, with this bread and this cup
we celebrate the cross
on which he died to set us free.
Defying death he rose again
and is alive with you to plead for us and all the world.

This is our story.

This is our song:

Hosanna in the highest.

Send your Spirit on us now
that by these gifts we may feed on Christ
with opened eyes and hearts on fire.

May we and all who share this food
offer ourselves to live for you
and be welcomed at your feast in heaven
where all creation worships you,
Father, Son and Holy Spirit:

**Blessing and honour and glory and power
be yours for ever and ever. Amen.**

THE LORD'S PRAYER

As our Saviour taught us, so we pray:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Lead us not into temptation
but deliver us from evil.**

**For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

BREAKING OF BREAD

**We break this bread
to share in the body of Christ.**

**Though we are many, we are one body,
because we all share in one bread.**

GIVING OF COMMUNION

**God's holy gifts
for God's holy people.**

Jesus Christ is holy,

Jesus Christ is Lord,

PRAYER AFTER COMMUNION

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen.**

HYMN 228 Lord of the dance

I danced in the morning
When the world was begun,
And I danced in the moon
And the stars and the sun,
And I came down from heaven
And I danced on the earth,
At Bethlehem I had my birth.

I danced on the Sabbath
And I cured the lame;
The holy people
Said it was a shame.
They whipped and they stripped
And they hung me on high,
And they left me there
On a Cross to die.

*Dance, then, wherever you may be,
I am the Lord of the Dance, said he,
And I'll lead you all, wherever you may be,
And I'll lead you all in the Dance, said he*

I danced on a Friday
When the sky turned black
It's hard to dance
With the devil on your back.
They buried my body
And they thought I'd gone,
But I am the Dance,
And I still go on.

I danced for the scribe
And the pharisee,
But they would not dance
And they wouldn't follow me.
I danced for the fishermen,
For James and John
They came with me
And the Dance went on.

They cut me down
And I leapt up high;
I am the life
That'll never, never die;
I'll live in you
If you'll live in me -
I am the Lord
Of the Dance, said he.

BLESSING AND DISMISSAL

Though many, we form one body in Christ.
We belong to one another.

By God's grace we have different gifts.
We will use them in faith.

Go in peace to love and serve the Lord.
In the name of Christ. Amen