



INSPIRE

St John's Church
Ranmoor, Sheffield

June
2020

£1.00

Featuring:

*** Lockdown poetry**

*** Caring for God's Creation in
the Lockdown**

*** Christian Aid: A Big Thank You
.....and much more.**



The Christian Aid Big Hair Cut!!!

- Well done Matthew and Cathy for doing this in aid of Christian Aid live on ZOOM!

- St John's Church, Ranmoor



An Evening of Party Pieces – on ZOOM.

We enjoyed lots of entertainment. Beautiful singing and playing of instruments from the choristers and adults, piano recitals and even some dancing from our very talented congregation. Thank you to everyone who joined in!



St John's Church

Ranmoor, Sheffield

Parish Office, Ranmoor Parish Centre,
5 Ranmoor Park Road, Sheffield, S10 3GX

Tel: 0114 230 1199

Website: www.stjohnsranmoor.org.uk

St John's Church is a community whose vocation is to extend to all people the same welcome that we ourselves have received from God in Christ. Our worship, enriched by our strong musical and choral traditions, is at the heart of our community's shared life. The gospel calls us to lives of discipleship, informed by reflection and marked by care for one another, by a passion for justice, and by a commitment to the service of our local and wider community.

Contents

- Foreword - 4
- Christian Aid: A Big Thank You - 5
- Lockdown in the Editor's Chair - 8
- Spring 2020: A Poem - 12
- Small Voices, Big Ideas: Noah's Ark - 13
- Caring for God's Creation in the Lockdown - 15
- Study Group - 17
- Church Services on Zoom - 18
- Using your Telephone to take part in our Services - 19
- Worship in the Pandemic - 20
- The No Restaurant Review - 26
- British Rivers: Quiz - 28
- A Poem of the Pandemic - 29
- Contact Us: 31
- Groups and Activities: 32

Cover photo by Philip Walshaw: Magnolia Wiesenen

Large print versions of Inspire are available

Foreword



Like the rest of the country, we are wondering what life will look like after lockdown, and that includes church life. The advice from the Government and Church of England changes but at present (13th May), I can now enter St John's to pray and stream services. The latter presents some technical challenges which we are working to overcome. It looks like we will need to stream services for some time to come.

The next stage will probably involve certain services such as funerals taking place in church. These will still involve social distancing and hygiene precautions. Subsequently, we will hopefully be able to have services with limited congregations present. Again, these will involve social distancing, with two metres between each congregant or 'household'.

At present, it is hard to see how members of the congregation could receive the sacrament safely. Our first services with congregations will probably be services of the word such as Morning or Evening Prayer. Unfortunately, singing is a great way to spread germs so we probably won't be able to have as much music as we used to. It may however be possible to have a few members of the choir, suitably distanced, singing for the rest of us.

So church will not be quite the same for some time. But in some ways it shouldn't be. God has taught us a few things while we have been in lockdown. We have been reminded once again that the church is not a building but a community. The past few weeks have brought many of us closer together and I hope we can retain that closeness. They have

also shown us that we have a very talented community and we need to make full use of that. Zoom services have their limitations but the little boxes that we appear in on screen have given services a less hierarchical feel. We have been reminded of the priesthood of all believers and this is something else that we need to hold on to.

But much more important than how we do church is how we live as a society. This pandemic has challenged many of our values and priorities. It has shown us what and who are important in life. It has reminded us of the simple things and has given creation a breather. No one would have wished for the pandemic but we can learn from it. I hope and pray that we will.

Matthew

Christian Aid Week: A Very Big Thank You



We would like to give a very heartfelt vote of thanks to all those who helped with the St John's Christian Aid Week Appeal this year. Because of the Covid-19 outbreak and lockdown,

we were not able to collect house-to-house this year, nor to hold our Garden Party, which last year raised £4,838.

Not doing anything, would have left Christian Aid with a big problem for all their ongoing commitments in the poorest parts of the world. This year's appeal was for help with the drought and famine conditions in Kenya, which could be alleviated by the building of earth dams from which the local people could collect water to irrigate their crops. Here at St John's, a wonderful week of events was organised to highlight the need for generous giving. Claire Webber, our administrator put in a great amount of time and effort co-ordinating everything, Brian Parfett became our IT wizard, and then Peter Chatterton with quizzes. Matthew and Cathy became hairdresser and victim and a team of

musicians organised by Cathy gave an inspiring concert, with wonderful pieces by Georgina Hulse, Derek Grover, Fran and Kathryn Wells, Philip Walshaw, Cathy Rhodes, Matt Wood, Jackie and Peter Lowe and memorable contributions from our young musicians and performers, Mabel and Lenny Bailey, Maria and Sofia Nicolaeva, Bob and Rosie Hind and Heidi Webber. Some of those videos then went on YouTube for Sheffield Buskaid for Christian Aid, including a virtual recording organised by Joe Hutchinson of 'If Ye Love Me' with Fran, Joe, James Stone and Cathy. Andrew Coombe gave an uplifting insight into his task as Lord Lieutenant, and Susan and Philip Walshaw organised a highly successful 'online' plant sale, after Susan herself had grown up to a hundred plants.

And to those who gave generously we also say a big thank you. We don't have a final total, but at the time of writing, we had reached a total of £4,800, and we might surpass last year's total. In addition to all this, our intrepid hiker, Alan Heath, is aiming to walk a route of 30 miles sponsored for Christian Aid. Last year, £500 was raised when he completed the Three Peak challenge. Watch out for news of this on the church website, and please sponsor Alan if you possibly can. To everyone, again, we say a very big "Thank You"!

Janet and Malcolm Anker

John Heath & Sons
AN INDEPENDENT FAMILY BUSINESS

Sometime.....

You will probably have the responsibility of making funeral arrangements. No one looks forward to this responsibility, but the death of a family member or a friend brings with it an obligation that must be met. These are people who can help you meet this responsibility. We have been helping people combine the different aspects of a funeral service for over one hundred and thirty five years.

Premises at Earsham Street | Ecclesall Road | Stanington | Meadowhead
Crookes | Ecclesfield | Deepcar | Penistone | Hollinsend | Eckington

Day or Night (0114) 272 22 22

www.JohnHeath.co.uk
Pre-paid Funeral Plan Service available

SELECTED
Independent
FUNERAL SERVICES

By using this advertisement to make families aware of our services, it is inevitable that we reach homes in which there is illness or sorrow. If this is so please accept our sincere apologies.

McAvoy & Beardsmore

Jewellers & Goldsmiths

From simple repairs to bespoke pieces, using traditional techniques and the latest Computer-Aided Design software, all tasks are carried out in our workshop on the premises.

Our shop always has something for that special gift; contemporary designs in silver, platinum and white, red and yellow gold.

Diamond-set jewellery and a wide variety of coloured stones always in stock.



A Member of
The National Association
of Goldsmiths

Tel: 0114 250 7078
210 Oakbrook Road, Nether Green, Sheffield S11 7ED
www.mcavoy-and-beardsmore.co.uk

Lockdown in the Editor's Chair



I've been doing a lot of thinking recently whilst sitting in my chair. Poems have been uppermost in my mind, resulting in the writing of some humorous parodies of famous poems, some of which I have reproduced below. Other people have been writing their own poems and two are included in this issue.

I've also been thinking about rainbows; you can't not, with many coloured drawings of them appearing in windows of houses all around us. As schools, playgrounds and museums have fallen empty, children are using a rainbow symbol to remind us all they are here, hidden away but hopeful. The rainbow, of course, reminds us of Noah's Ark - one appeared from God to Noah after the great flood as a sign of hope and promise of better times to come. And thinking about Noah in our self-isolation made me wonder what it must have been like couped up in an ark for 150 days or so. And then I heard that upwards of 2,000 seafarers from the UK are stranded on ships around the world due to the coronavirus lockdown. Because of port and air route bans for individual travellers, they cannot go home, while relief crews cannot be brought in. Many of them are stuck on board cruise ships, transporters, tankers and other vessels. Being stuck on ships for months away from family and friends is understandably making them depressed and homesick, with no end in sight to their ordeal.

We hear so many genuine hard luck stories caused by the current pandemic, but this is just another example of things you don't realise are happening whilst we sit quarantined at home. And whilst I don't want to make light of the horrendous ordeals that some people are experiencing, my thoughts turn to being able to walk the hills again in

my beloved Lake District and I suddenly find myself rewriting Wordsworth's famous poem about daffodils:

*I wandered lonely - as I should,
O'er vales and hills - not sure I could!
When all at once, I saw a crowd -
I didn't think this was allowed.
Beside the lake, beneath the trees,
For goodness sake, groups more than threes!*

*I counted them along the way,
Self-distancing, I have to say.
Ten thousand was a bit too much,
How could they congregate as such?
Now, on my couch in pensive mood,
The daffs reflect my solitude.*

When I am out walking, I love to stand and stare and when I am out with Susan, I will often recite the first few lines of that classic poem by William Henry Davies entitled 'Leisure'. Well, here's my current (self-isolating) take on it:-

*What is this life if, full of woe,
We feel we have no place to go.
No chance to stand beneath the boughs -
We aren't allowed to leave the house.
And gaze as long as sheep and cows?
We're stuck inside and having rows!
And time to turn at beauty's glance?
We should have really been in France!
The squirrels in the woods we pass?
We're in the garden cutting grass.
There's time to see in broad daylight;
We do the same things day and night.
A strange life now, when full of care,
We've all the time to stand and stare.*

We're fortunate to have many helpful friends, family and neighbours who do all the shopping, etc., for us, so apart from our daily walks we don't have much experience of social distancing. But here's my version of the famous Rudyard Kipling poem, which I have re-titled "If only":-

*If you can keep your distance when all about you
Are not keeping theirs and blaming it on you,
If you can test yourself against the virus,
With the kits they can't supply us.
If you can wait and not be tired by waiting,
For those lengthy shopping queues abating.
Don't deal in lies, don't give way to hating,
And try to look good, whilst isolating.*

*If you dream—and not make dreams your master;
If you feel that it is a Disaster,
When there's no loo rolls in Asda.
If you can Triumph with much gusto
To get a delivery slot with Tesco.
Then treat those same imposters
And pretend you're drinking tea at Costa's.*

*If you can talk with crowds – you can't, of course!
Nor walk with Kings - or stroke a horse,
If neither foes nor loving friends can visit you,
If all men count with you, just use Zoom.
If you can fill the unforgiving hour
With sixty minutes' worth of allowable distance walked,
Ours is the Earth and everything that's in it,
It's a race against Covid - and we're going to win it!*

And finally, some of you may have heard me recently on Radio Sheffield singing my re-written words to William Blake's Jerusalem:-

*And can those feet in current times
Walk upon England's mountains green?
No, it's just one of many crimes,*

*On England's pastures to be seen!
And all the towns' Department Stores,
Have closed their doors and locked their tills,
We're left to do our household chores
And cannot shop at Boundary Mills!*

*Bring us our gowns, our PPE,
Bring us our face masks urgently.
Bring us more beds, more Nightingales,
Bring us some vaccinations soon.
The NHS keeps up the fight,
Nursing the sick by day and night,
Till we're Coronavirus free,
In England's green and pleasant land.*

Philip Walshaw

And now, to restore the balance, here's a proper poem submitted by Ann Bird: a sentimental ode entitled *Spring 2020*.

***Another day, another walk.
My eyes have seen a new Eden.
I drink the beauty of this quiet place
where flowers and trees spring into life
Fields lie like a patchwork quilt.
Water flows, strong and free
through the calm and quiet valleys.
The sky is bright blue, with not a cloud in sight,
except a distant plane - but only one.
Baby lambs nestle into their mothers
or frolic with their new born friends.
And in the distance a tractor rumbles
as it slowly ploughs its field.
The world seems frozen in time.***

Sophie M Pepper

MCFHP MAFHP

Foot Health Practitioner

Visiting Practice

Fully Insured

Friendly and Professional Service

Home Visits/Nursing Home Visits

Nail Cutting

Corn/Callous Removal

Ingrown Toenails

Moisturising

Mobile: 07525 859 931

Email: sophie.pepper92@hotmail.co.uk

Not registered with the
Westfield Health Scheme

**Would you like to
advertise your Group,
Organisation or
Business in this
space?**

**Contact Peter
Marrison for more
information.**

Tel: 07581 888068
wpmarrison@btinternet.com



the whitehouse

physiotherapy and
sports injuries clinics

physiotherapy · sports injuries · podiatry
acupuncture · sports massage
personal training · pilates · rehabilitation
gymnasium · orthopaedic physician

To you it's pain.

**To us, it's a problem you'll
soon see the back of.**

The White House, 3 Sandygate Park,
Sheffield, S10 5TZ

0800 783 1327 · 0114 230 2030
enquiries@whitehouse-clinic.co.uk
www.whitehouse-clinic.co.uk

the whitehouse

JMALCOLMWILD
Antique & Modern
Clock & Watch
Repairs

by Fellow of the British Horological
Institute

*Specialist in the repair of
Grandfather, Bracket & Carriage
Clocks*

Clocks and parts manufactured

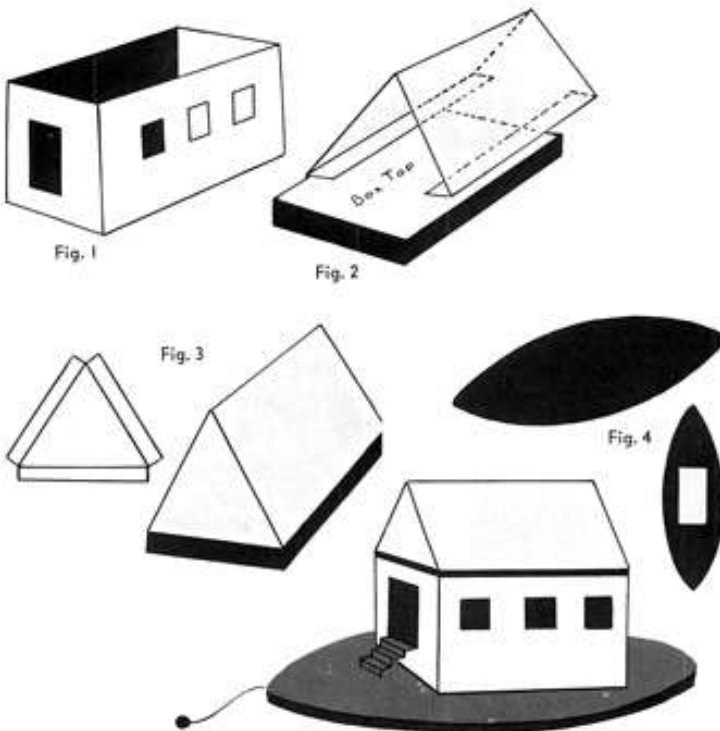
WANTED:
Mechanical Wristwatches,
Pocket Watches & Clocks
in any condition

12 Norton Green Close,
Sheffield S8 8BP
Telephone: 274 5693



Small Voices Big Ideas

Make your own Noah's Ark: Select a cardboard box for Noah's Ark, as in Figure 1. Remove its lid. Cut windows and doors in the Ark. Paste a gabled roof on the lid, as shown on Figure 2. This can just be another piece of cardboard folded in half. Then fold the bottoms in a bit in order to glue it to the box's lid. Close ends as seen in Figure 3. Do this by tracing the triangle formed with the gabled roof (from Figure 2) on another piece of cardboard. Then make tabs all along the edges of the triangle and then glue it to the inside of the room, as pictured in Figure 3. Place roof on the Ark. Cut from thin wood or heavy cardboard a boat-shaped base, as pictured in Figure 4. Glue the Ark onto the base. Use a small piece of corrugated paper to make the gangplank. Attach some string to the base.



Here's Noah's Ark and a rainbow for you to colour in:



Caring for God's Creation in Lockdown

by Cathy Rhodes

In *Inspire* last month John Green wrote about the A Rocha Eco Church award scheme, on behalf of our Climate Crisis Group. The scheme encourages us to review how we care for God's world in worship and teaching, looking after our buildings and land, engaging with the local community and global campaigns, and the personal lifestyles of the congregation. We are delighted to say that we have been awarded a Bronze Eco Church Award, and our certificate is on its way! This is a great start in our journey to become a greener church.

A Rocha has a vision that the gospel is 'good news' for God's earth, as well as for God's people. It is part of our Christian calling to acknowledge the effects of the climate emergency on the earth and its people, especially those with limited resources. In the article for Christian Aid week in April's magazine, we learned of drought starving Rose's crops in Kenya. Rivers are dry so Rose walks for six hours to collect water for her grandchildren. Rose and her family are battling a climate crisis they didn't create. These countries now face the huge challenge of the Covid-19 pandemic, and Christian Aid is working with services in affected areas. Our community has showed enormous generosity in donating to Christian Aid in the midst of immense difficulties and loss, which are associated with the pandemic. Acting to reduce our carbon footprint and impact on the earth is a natural extension of that generosity. Our church buildings may be closed for a season, but we can still care for and consider God's Creation as we prepare for a loosening of lockdown. Here are some ways to strengthen our Care of Creation.

We are starting to think how our church can contribute to the Church of England's new challenge of reaching net zero carbon by 2030, as mandated in a Motion at General Synod earlier this year. As the new Diocesan Environment Officer, Bishop Pete has given me the task of working towards this in the Diocese of Sheffield. At St John's, we are planning to ask Green Journey (the renewable energy experts recommended by the Diocese) to conduct an energy audit. They can then advise us on the switch to cleaner, greener energy, save us money on our energy bills, with a positive impact on the environment.

We will also enter our figures for electricity and gas use in the new Church of England Energy Footprint Tool (EFT). This is now part of the Annual Returns, alongside information for Mission and Finance. The EFT will tell us the amount of carbon produced annually by heating and lighting our church buildings. There are two useful graphs which show us our efficiency scores (similar to the rating on your appliances!). One is for energy efficiency based on building size and one for attendance. Brian is looking into this, so we will have an assessment to add to the information from Green Journey. It is important to plan our responses to the climate and ecological crisis, to be ready as lockdown changes. We are lucky to have the Climate Crisis Group already in place, and the application for the Silver A Rocha award will give guidance on the areas where we need to develop further.



When walking for exercise or to the supermarket, or in our gardens, we can all pause to enjoy the spring foliage and flowers around us. Nature isn't locked down! Deer and badgers have been seen in the city centre, and birdsong has been easier to hear with our quieter streets. In our live-streamed and recorded services, we still include prayers for God's Creation and all that live in it. We can worship God with them, using Creation as a gateway to prayer or

praise. The connection between the natural world and worship is ingrained in our faith as most of Jesus' teaching was outside! As we hear birdsong we can remember 'Let everything that has breath praise the Lord' (Psalm 150:6) and 'Sing to the Lord a new song; sing to the Lord, all the earth' (Psalm 96:1). There are free resources linking our experiences of nature with worship at: <https://www.thesanctuarycentre.org/whereworldandworshipmeet>

As we gain a new appreciation of the natural world around us, and have seen how a mass change in behaviour can be achieved, I hope we can respond to the call of the Archbishop of Canterbury:

'Reducing the causes of climate change is essential to the life of faith. It is a way to love our neighbour and to steward the gift of creation.'

Acknowledgement: Brian Cuthbertson, London Diocese.

Study Group

We are running a new study group over the summer. The group is running on Zoom on Thursday afternoons from 3.00 - 4.30pm. Each session will be lay led and cover a different topic so it is not necessary to attend all sessions. The book we have chosen for our studies is 'How Then Shall We Live?' by Sam Wells. Rev Dr Sam Wells is the Vicar of St Martin-in-the-Fields. He is a well-known theologian, preacher, author and broadcaster. The book considers some of the most pressing contemporary political, social and moral challenges facing us at the present time. It is written in three sections: *Engaging the World - Being Human - Facing Mortality*.

We intend to start by looking at the first section, *Engaging the World*, which offers approaches to coming to terms with some of the biggest global issues facing us today. The book is available online from Amazon, the Book Depository, Eden Books & Blackwells among others. It is also available as a Kindle book. (ISBN-184258623 or 978-1848258624). As delivery times are quite protracted on some sites we are also offering a scanned copy of the chapters we are studying, by email.

If you would like to join the group please let Claire know or email me sandra.green70@gmail.com I will then send you the login details for the meetings. We do hope that you will be able to join our discussions.

Sandra Green

Parish Registers:

THOSE WHO HAVE DIED:

Gill Shoosmith, Alex Dawson, June Dabell, Joyce Cashman, George Thickett,
Marjorie Greenwood, Henry Dickins, John Howard,
Evelyn Gleadhall and Stan Whitehouse

“Blessed are those who mourn, for they will be comforted”.

Our thoughts and prayers are with the friends and family of those names listed.

Please pray also for the couples who were due to be married this month and for the families who were due to have their children baptised.

All these special events have been postponed due to the Coronavirus Lockdown.



Our Services are
available for you to
join on ZOOM?

zoom

ST JOHN'S CHURCH, RANMOOR

Our ZOOM Services:

Monday to Saturday

10am Morning Prayer and 8pm Compline

Sundays

10.30 Holy Communion

(Recorded service will also be published on a you tube link before the live service)

6.30pm Evensong

ZOOM is easy to use:

- Download the app if you have a smart phone or device or open the link which we will send you upon request
- If you have a web cam on your computer—great, but you do not need to join with video.
- Speak to Claire Webber or Brian Parfett who will help you to gain access.

**Join the dozens of friends and parishioners that
have shared our services online.**

If you need any help contact us 0114 230 1199 or
administrator@stjohnsranmoor.org.uk or onlineservices@stjohnsranmoor.org.uk

Using your telephone to take part in our Services

While the church building is closed, due to the current coronavirus pandemic, we have been holding twice-daily Services over the internet using a product called Zoom. The use of Zoom has been very popular, although I recognise that people without access to the internet have been unable to join in. A facility has now been introduced that people with landline or mobile phones can use to access these Services. This is very similar to listening to a radio, but you will know all people speaking or singing.

The numbers to dial are the same for all our Services. These are:

Dial 0203 481 5237 (this is a London number, call charges may apply)

Listen, a voice will ask for the meeting ID, dial 816969789#

Listen again and press the # key again

Listen again and enter the password, dial 662736#

The voice will tell you that you are in the meeting. Actually, you have joined our Service.

Currently, we have Services on Sundays at 10.30am (Holy Communion) and 6.30pm (Evensong). Also, during the week (Monday to Saturday), Morning Prayer is at 10.00am and Compline at 8.00pm.

On the internet, we will see a phone and part of your telephone number. We would find it very helpful to know who is on the phone as the phone number can be changed for your name. So the best way of doing this is to let me know (Tel 0114 230 4137) if you plan join our Services in this way. I just need your name and the last three digits of your phone number.

Also, arrangements can be made for you to receive an Order of Service and the hymns. While Zoom is in many ways an excellent product, it does have some restrictions. One of those is that only one person can be singing at a time. So during Services we mute all the congregation except for the person who is speaking or singing. This means that you can sing yourself, again much like you might do when listening to a Service on the radio.

I hope you are able to join us and look forward to seeing that you are taking part in our Services.

Brian Parfett

Being in isolation and having our church beamed into our homes has created some very unexpected changes in the way in which we worship. I wanted to reflect on some of those, at least the positive ones, as a way of capturing a few

- I no longer worry about what to wear on my feet, the weather outside is irrelevant and I can set my home temperature so that I am comfortable while in my own space.
- For those with pets, they don't need an invitation to attend church, disregard it or walk away when they are no longer interested.
- Getting ready for church is interesting, perhaps a bit like newsreaders on the TV, I don't worry about what I'm wearing below the waist.
- I can sing to my heart's content, no matter what key I'm in. There is no need to worry about putting off the person in the pew behind me.
- Taking communion is interesting. It's always been the preserve of the priest to bless the bread and wine – somehow God has allowed the bread and wine to be blessed – for some people at least – thousands of miles away.
- I can join in a service with people who aren't even living in the same area, in the same time zone and with people I've never met before. I hope after this is all over we can meet up and celebrate that we worship together for all these weeks.
- While the technology we use will always be challenging for us all, it seems that it may be less so for people who have managed to overcome their fright of technology and found a way to get on line to take part in our Zoom-based Services and other activities.

But perhaps most important for me, is that we have learnt that technology can be used to reach many people who, for whatever reason, are unable to get to a church building. Church can be anywhere you are (providing you have the technology). The pandemic has challenged us to rethink what is important. For me, enabling people to access a regular form of worship – particularly being provided by people they know – is an important outcome from the challenging times that we are still in.

SHEFFIELD **S**
AUCTION GALLERY 1840

THE LOCAL
SALEROOM WITH
THE NATIONAL
REPUTATION



All items welcome
for a free
pre-auction appraisal
Tuesdays, Wednesdays
& Thursdays from
10am to 4pm.

Invitation to consign Antique & Fine Art plus Silver, Jewellery & Watches Auctions

Our Specialist Silver, Jewellery & Watches Valuers invite all
items at the Gallery from family heirlooms to costume
jewellery, on Mondays from 10am to 4pm.



Our team of valuers invite Glass, Ceramics,
Paintings, Oriental Collectables, Books, Clocks,
Vintage & Designer Fashions, Wines, Champagnes
& Spirits, Textiles, Musical Instruments, Scientific
Instruments & Fine Period Furniture.



*Items are also invited for our full
range of Specialist Auctions*

Football Programmes & Sports Memorabilia,
Coins, Stamps & Postcards, Collectable Toys,
Medals & Militaria, Vinyl Records, Live Steam.

www.sheffieldauctiongallery.com

Windsor Road, Heeley, Sheffield, S8 8UB

off Chesterfield Road
A61 next to Costa Coffee

0114 281 6161

The No Restaurant Review: My House Sheffield 10

This really is going to be an amazing test of trying to write something about nothing. An interesting combination of no restaurants, my ability (or otherwise) to write some sort of readable “waffle”, and your ability to read said “waffle” before demanding a refund on your *Inspire* subscription. Actually, as a point of conscience, how many of you have paid the subscription for your monthly magazine? If not, “Let him (or her!) cast the first stone” and all that!

I think perhaps before trying to write something that vaguely relates to either restaurants or some sort of review, let me comment on my current somewhat restrained situation. G is trapped in the USA and is not due to return to the cloistered ambiance of our virus-ridden, locked-down, restaurant free, self-isolating city for several more weeks. This, despite a reasonably well stocked freezer, does tend to induce a “Where’s the next meal coming from” state of mind.

I’ve just re-read that last bit - how incredibly feeble it sounds! Surely a moderately capable, reasonably well adjusted male can survive without being totally dependent on the lady in his life? Again I’ve just re-read that last bit (and the next bit) and realised that the pitiful rhetoric presents as sexist and self-deprecating. But hey, that’s life I guess; you can’t win them all, especially when all the eating establishments are closed. Wow what a moan!

Survival (In a restaurant-free zone): Some local eating establishments, as I’m sure you have discovered, have introduced a “take away” or even a “delivery” service into the spectrum of their individual culinary Haute Cuisine programme. Great idea in this time of desperation. I must admit at this point, to having been somewhat scathing about the success potential of this sort of venture, but (major admission!!!) I was utterly and completely wrong. The obvious moral in

making any judgement is to try the goods before condemning them. So what goods did I try, and what was the result?

If you aren't particularly interested in my earnest machinations on the desirability of some of our local nouvelle takeaways I really can't blame you. I'm not sure that I would last the course if I wasn't writing this rubbish. Actually, I've just realised that the last sentence could be a classic "Ratner" moment! What do you think? For those who don't know what a "Ratner" moment is – get a life! For those of you who are still with me, The "Review", such as it is, is just about to start.

To takeaway or not to take-away? I was tempted to add "that is the question" after the above Takeaway heading, but felt that might be a little too obvious; so on to a brief resume on how some of our local eating establishments are fighting against the Covid-19 virus devastation.



The first one I tried was our local fish and chip shop, the Ranmoor Friary. This is a long established business situated in the small shopping area between the Bull's Head pub and Ranmoor Inn on Fulwood Road. I must admit that I have enjoyed their fish and chips, deep fried sausage mushy peas and the occasional pickled egg (to be eaten whilst waiting for the order to be cooked) on many happy occasions. So does this

gastronomic delight still provide the same hedonistic enjoyment coupled with a sense of associated anticipation in this new constrained virus feared environment?

Well almost. The meal I ordered, by phone, was rather unremarkable, namely Haddock (£6.50), small chips (that's all you need £1.50), large battered sausage (an indulgence £1.60) and mushy peas (£1.00). No pickled egg (which would have cost 50p) but protocol, as mentioned, allows this delicacy for in-shop consumption only. This gourmet delight was pre-ordered by phone, paid for via a BACS transfer, and collected from their doorstep at an agreed time. Not quite a standard transaction, but the end result was amazingly successful. Each item was freshly cooked, hot, and tasted great. Success in a plastic bag!

That bit of writing went better than I thought. Actually just a self-indulgent observation based on the fact that I can't raise enough enthusiasm to describe any of the other eclectic gourmet "takeaways" that have marginally tempted my lockdown sojourn. Except perhaps a mention of the Ranmoor Deli.



This establishment, which is next door to the Ranmoor Friary, isn't a restaurant in the true sense of the word (what is, at this moment in time?) but has provided a very good "takeaway" service for many years (since 1990 apparently). It offers vast quantities of Italian based food in various forms comprising fresh pasta, meats, cheeses and delicious in-house produced products such as mini pizzas (delicious!), quiches, samosas and pasties. Attilio also makes extremely tasty sandwiches to order.

Verdict: Well, if nothing else, I've extolled the virtues of a couple of our local meal providers. In the event of you not having tried either of these emporia – shame on you! Give it a go, you will enjoy the experience.

Roy Stanley



Drama, dance and singing lessons to light your child's spark!

Classes at Ranmoor Parish Centre:
Performing Arts Saturday 9-10 (age 3-5)
Saturday 10.15-11.15 (age 5-9)
Monday 4.30-6.00 (age 7-11)

Book your free taster session now! Call Nikki on 07984-461711 or email Nikki@noodleperformancearts.com

www.noodleperformancearts.com

David Booker

Chartered Accountant



An experienced, friendly and reliable accountancy service, specialising in start-ups, small businesses, tax and trusts.

Call **0114 3211835** to arrange a no obligation consultation to see how we can help you to make your finances less taxing!

T: +44 (0)114 3211 835 M: +44(0)777 3821 125 E: davidbooker.fca@live.co.uk

The Laurels and the Limes Care Home

Quality Care in Beautiful Surroundings



Long-term Care · Convalescence · Dementia Care · Respite Care

For further information or a brochure, please telephone (0114) 266 0202

The Laurels and The Limes Care Home, 115 Manchester Road, Sheffield S10 1JQ

An advertisement for Cairn Home. On the left, a white sign reads "CAIRN HOME" in large blue letters, followed by "Residential Care for Elderly People" and "Telephone 0114 266 1536". The SRSB logo is also on the sign. On the right, a black sign features the SRSB logo (a rainbow arch) and the text "SRSB Sheffield Royal Society for the Blind". In the center, four women are standing and smiling. At the bottom, a dark grey box contains the following text:

Cairn Home provides high quality permanent residential care and has one room dedicated to respite care.
58 Selborne Road | Crosspool | Sheffield | S10 5ND
For further details please contact the Manager: **0114 266 1536**
enquiries@cairnhome.org.uk | www.cairnhome.org.uk
Registered charity number: 1047257

British Rivers: Quiz compiled by Philip Walshaw



The answers to this month's quiz are British Rivers. A prize awaits the person who submits the most correct answers. A bonus point will be awarded to the person who correctly identifies the river in the photograph (which is one of the answers). In the event of a tie, a winner will be chosen by a lucky draw. Send your entry by

email to jpwalshaw@gmail.com or by post to 19 Cairns Road, S10 5NA to reach me by **Friday, 26th June, 2020.**

1. Dark ale (6)
2. Dark reptile (10)
3. Shattered nerves (6)
4. Deemed inadequate - found hidden inside (6)
5. Healthy plus (7)
6. Twist with urgent haste (7)
7. Revealed amidst protestations (4)
8. Mixed news followed by hesitation (6)
9. Rogues eat around this river (5,4)
10. Mimic, we hear (7)
11. Arête after rocky peak (8)
12. Spanish backwards, yes, of course (4)
13. Yes, coming back after end of Summer (6)
14. What? I'm mixed up! (6)
15. Sounds like it's painful (4)

Answers to May's April's quiz (Country Houses and Palaces): 1. Kew 2. Chatsworth 3. Burghley 4. Blenheim 5. Lancaster 6. Kensington 7. Saltram 8. Woodstock 9. Highgrove 10. Sandringham 11. Osborne 12. Hampton Court 13. Buckingham
The winner of April's quiz (Books in the Bible) was Alan and Pauline Heath who receive a box of chocolates.



WESTBOURNE SCHOOL SHEFFIELD

Educating girls and boys for life



We are Westbourne...

- From age 3 to 16
- Small Class Sizes
- Excellent GCSE results
- Academic Scholarship Class
- Outstanding Learning Support
- Forest School

...an established Co-Educational Setting



westbourneschool.co.uk

Call 0114 266 0374

A Poem of the Pandemic by GP Jenny Stephenson

This is inspired by the devotional Christian writings of John Donne from 1623 while he was in isolation with a feverish illness. By 'No Man is an Island', he referred to the fact that in normal circumstances people live closely together, and that we learn to feel each other's pain, making each other stronger by mutual support. GPs are doing most of their work by phone during this pandemic in order to contain its spread.

***Every man is an Island now,
Surrounded by deep, deep water
Two metres on each side;
'Stay at Home' the slogans say
'To save our NHS'
To not be selfish in times like this
Or love our neighbours less.***



***I sit alone with a cup of tea,
My computer at the ready -
The conduit for the flow of woe -
My patients at the end of phone
With their quests and queries, fears alone
Needing advice, diagnosis, support and care
In a way without seeing them, as if
Suspended in the air.***



***This silent assassin prowls about
Seeking whom he may devour
Assess, act quickly, advise or reassure
And trace a path for if things change
Acknowledging my lack of
Omniscience.
Hold tightly on while things move apace
'Till islands join the mainland of a better place.***



Fast and honest quotations for...

Quality Windows, Doors, Porches,
Conservatories, Orangeries, Stained
Glass, Fascias, Soffits & Guttering



...from Sheffield Window Centre - the leading local company

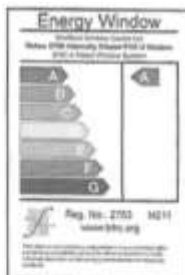
If you're thinking about getting a quote but don't want any sales pressure, look no further than Sheffield Window Centre

- No Pressure Sales - We quote in writing, by post, after a brief visit and never use pressure to sell our products - we wait for you to decide.
- Save money on your heating bills by installing our energy efficient windows.
- We are a reputable family business, established in 1975.
- SWC manufacture virtually everything we install here in Sheffield.
- All of our installations are guaranteed for 10 years.
- During installation our fitters clean up thoroughly at the end of each day.
- 70% of our new business is from customer recommendations.

For a FREE, No Obligation Quotation call us on

0114 281 3333

And remember... Sheffield Window Centre operates a
COMPLETELY pressure free service, so give us a try!



Call us on: **0114 281 3333**

www.sheffield-window-centre.co.uk



Showrooms at: 7 Rockingham Street, Sheffield, S14EA & 216/218 Oakbrook Road, Sheffield, S11 7ED

Contact Us

Address:	Parish & Centre Office, Ranmoor Parish Centre, 5 Ranmoor Park Road, Ranmoor, Sheffield S10 3GX
Office Hours:	9.30am to 2.30pm: Monday, Tuesday and Wednesday These hours may vary during school holidays
Telephone:	Office (0114) 230 1199 (Answerphone available) Vicar 07754 068391 Music (0114) 2993160
Vicar:	Revd Canon Dr Matthew Rhodes matthew.rhodes@stjohnsranmoor.org.uk
Church & Centre Office:	claire.webber@stjohnsranmoor.org.uk
Music Office:	music@stjohnsranmoor.org.uk
Verger & Buildings Manager:	steve.dugdale@stjohnsranmoor.org.uk
Websites:	Church www.stjohnsranmoor.org.uk Centre www.parishcentre.stjohnsranmoor.org.uk
Lay Ministry:	Janet Noble (Authorised Children's Minister) footsteps@stjohnsranmoor.org.uk Alison Wragg (Licensed Reader)
Church & Centre Administrator: (incl. Safeguarding Officer, Electoral Roll Officer & PCC Secretary)	Claire Webber: claire.webber@stjohnsranmoor.org.uk
Church & Centre Finance & Gift Aid Officer:	Sandie Parfett finance@stjohnsranmoor.org.uk
Church & Centre Treasurer:	David Booker (07773 821125)
Churchwardens:	Brian Parfett (07914 220938) Carl Webber (07833 494108) churchwardens@stjohnsranmoor.org.uk
Assistant Wardens:	Joy Bowler (0114 236 2544) Peter Chatterton (0114 237 3628) John Green (07985 459923) Graham Wood
Director of Music:	Edward Barbieri
Associate Director of Music:	Derek Grover
Organist in Residence:	Joseph Hutchinson
Assistant Organist:	Julian Gunn
Junior Chorister Tutor:	Cathy Rhodes
Chorister Tutor:	Georgina Hulse
Choral Scholar Tutor:	Francis Wells

Groups & Activities

Church Groups

Bible Study	Sandra Green – (0114) 230 1199
Footsteps	Janet Noble – (0114) 230 1199 footsteps@stjohnsranmoor.org.uk
Flower Arranging	Sandra Green · (0114) 230 9180 Jackie Lowe · (0114) 230 3999
Musicians: Junior Choristers, Boy Choristers, Girl Choristers, Choral Scholars, Consort, Songmen, Schola Cantorum, St John's Singers, Occasional Singers, Sheffield Festival Orchestra	Music Office (0114) 299 3160 music@stjohnsranmoor.org.uk
Prayer & Fellowship	Bridget Brooke (0114) 230 2147
Ranmoor Bell Ringers	Richard Noble 07834 154637 towercaptain@ranmooringers.org.uk Secretary: Gill Hopkins-Platt secretary@ranmooringers.org.uk
Toddler Group	Helen Clark or Sally Booker (0114 230 1199)
Wednesday Lunch Club	Claire Webber – see Contact Us

Uniformed Groups

Beavers:	Glenda Debrouwer (0114) 230 8691
Cub Scouts:	Jayne and Steven Hides (0114) 230 3635
Scouts:	Steven Hides (0114) 230 3635
Rainbows:	ranmoorrainbows@gmail.com
Guides:	ranmoorguides@gmail.com
Brownies:	Jenny Woodhouse Ranmoorbrownies@gmail.com

For enquires about groups and activities at the Centre,
please contact Claire Webber (0114 230 1199)

Bents Green Nurseries

*Spring is on its way!
Early season bedding-
fruit bushes, trees*

H.T.A. Gift Vouchers Sold and Redeemed

Tel: 230 4101

Well worth a visit



From Ringinglow Road, turn opposite the 'Hammer and Pincers'
up Muskoka Drive, turn 2nd left into Muskoka Avenue to end of cul-de-sac

**Advertise your group,
organisation or
business in this space?**

**Contact Peter
Marrison for more
information**

Tel: 07581888068
wpmarrison@btinternet.com



Alyson Nicholson Catering

Cordon Bleu Cook

*Specialising in Dinner Parties,
Cocktail Parties, Buffets
and Family Occasions*

71 Riverdale Road,
Sheffield
S10 3FE

0114 263 0458 · 07721 365 721

Inspire

Contributors	Janet and Malcolm Anker, Ann Bird, Sandra Green, Cathy and Matthew Rhodes, Brian Parfett, Roy Stanley, Jenny Stephenson, Philip Walshaw and Claire Webber.
Editor	Philip Walshaw: 07815 963807 jpwalshaw@gmail.com
Design	Philip Walshaw and Brian Parfett
Printers	PRINTWORKS Sheffield (www.printworksprint.co.uk)
Advertising	Peter Marrison: 07581 888068_ wpmarrison@btinternet.com
Administrator	Claire Webber (0114) 230 1199
Publisher	Parochial Church Council of the Church of St John the Evangelist, Ranmoor, Sheffield

Contributing to Inspire

As always you should feel free to contribute to the magazine: articles, news, photographs, and anything else that you feel might be suitable. Any contributions received after the date shown below will be considered for publication in the following issue. We cannot guarantee that everything we receive will be published. **The deadline for contributions to the July/August 2020 edition is Friday 19th June, 2020.**

Disclaimer

The views expressed in this magazine are those of the individual contributors and not necessarily shared by the publisher. We reserve the right to amend articles submitted for publication. Articles submitted may be posted on our website unless you specify otherwise. The publisher does not accept any responsibility for goods or services bought from advertisers in this magazine.

Subscriptions

You can collect or we can deliver Inspire if you live within the local area. We can post Inspire to you; we will make a small additional charge for this to cover the cost of postage. If you would like to subscribe please send your contact details to the Parish Administrator at the following address: Inspire Subscriptions, Ranmoor Parish Centre, 5 Ranmoor Park Road, S10 3GX. Once we have received your details we will contact you.



EADON LOCKWOOD & RIDDLE SALES • LETTINGS • SURVEYS

Lettings

Fully Managed & Let Only
Landlord services

Tenant referencing, Tenancy
Agreement and Inventories

FREE market appraisal offered
for new properties

ELR Dore

Tel: 0114 268 9900

Email: lettings@elr.co.uk

Sales

Ready and qualified buyers
looking for property in S10
and surrounding areas!

If you are looking to sell,
please call our Banner Cross
office for a FREE valuation!

ELR Banner Cross

Tel: 0114 268 3388

Email: bannercross@elr.co.uk

Survey Department

Tax Planning • Matrimonial Evaluations • Probate • Home Buyers Report

Tel: 0114 235 7741

**Get in touch today for a full list of properties,
landlord services and pricing!**



Getting Married?

Choose St John's Church, Ranmoor for your wedding ceremony.



St John's is considered a masterpiece of Victorian architecture, grand yet still intimate with fabulous acoustics. Being married in a church is so much more than simply a venue for your wedding. Unique and special things become part of your marriage, on the day itself and beyond. Get in touch with us to talk about your wedding plans...

0114 230 1199 or

administrator@stjohnsranmoor.org.uk

ST JOHN'S CHURCH
RANMOOR, SHEFFIELD



RANMOOR PARISH CENTRE

Rooms to Hire from as little as £10 per hour.

Discount available for charities, people living in the Parish of St John's, 1/2 and full day hire.

For more information and availability contact:

0114 230 1199 or email: administrator@stjohnsranmoor.org.uk



<http://www.parishcentre@stjohnsranmoor.org.uk/>

Ranmoor Parish Centre offers a tranquil location for various types of groups including music and singing, yoga, performing arts, meetings, pre school classes and various social occasions. Located in the leafy Sheffield suburb of Ranmoor, we are less than three miles from both the city centre and the beautiful Peak District National Park.

Public transport links to and from the city are excellent.

You are very welcome to come and look at the facilities we have to see if they suit your needs.



Ranmoor Parish Centre,
5 Ranmoor Park Road,
Sheffield, S10 3GX